

StarSkate

(Test & Competitive Program)

2011 / 2012



CENTENNIAL
FIGURE SKATING CLUB



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StarSkate
Test and Competitive Program

Our Mandate:

The Centennial Figure Skating Club is dedicated to enabling life-long participation in skating for fun, fitness, and achievement. Our goal is to provide quality affordable skating instruction to all club members in an environment that promotes personal achievement in a positive and supportive manner.

Coaching

The Centennial Figure Skating Club uses a team coaching method. Skaters will receive lessons from the team leader as well as other the other coaches.

All lessons during club time are included in the registration fees.

StarSkate

StarSkate provides opportunities for skaters of all ages to develop from fundamental to advanced figure skating skills in all disciplines. StarSkaters will receive private, semi-private, and group lessons taught in a progressive and sequential manner. These skaters will also take SkateCanada Tests and may compete in local and out of town events.

Fund Raising

Fundraising is critical to the ongoing success of Centennial Figure Skating Club. Fundraising helps cover the cost of a variety of activities, including professional coaching and ice time.

For 2011/2012, each skater is required to fundraise the following amounts to help keep skating fees low.

Pre-StarSkate \$150.00

Junior StarSkate \$200.00

Inter./Sr. StarSkate \$250.00

Each skater is required to submit a fundraising deposit cheque with their registration. If you are not interested in fundraising you have the option of paying out the amount that is due.

Appropriate Dress and Equipment

StarSkaters must wear figure skates and proper skating attire. For girls this consists of body suit and skating skirt, or skating dress and skating tights. Leggings may be worn, however they must be tight fitting on the legs/hips and allow for movement. For boys proper skating attire consists of track pants and warm top. No baggy track suits, hooded sweat-shirts, or jeans. Helmets are not required. Skate guards must be worn off ice.

Equipment does make a difference!

Recommended stores to purchase and sharpen skates:

United Cycle, 7620 Gateway Blvd. NW / 780.433.1181 **Professional Skate Service**, 9212 – 51 Ave / 780.438.9059

General Program Information

- Registration is on a first come first serve basis and must be accompanied by full payment with a registration form.
- Payment can be in cash, or cheque.
- Payment plan available for some sessions
- Parents are requested to view lessons from the bleachers or lobby viewing area. Parents are not permitted to view lessons from the players boxes as this disrupts the classes.
- If a registered skater is in any way disruptive during skating lessons, causing other skaters to be held back from a positive learning experience, the coach will discuss the concern with the skater/parent. If the skater's behaviour does not improve, the skater will be asked to withdraw from the class and a partial refund of registration fees will be given.

Ice Cancellations

October 7 & 9, Regular Schedule on October 8.
October 22
October 31
December 23 to January 8.

CENTENNIAL
FIGURE SKATING CLUB

www.skatecentennial.com

Club Office/Arena
Clareview Arena
3804-139 Ave.
Edmonton, Alberta
780-406-5651

Postal Address
Centennial FSC
Box 50097
RPO Clareview
Edmonton, AB. T5Y 2M9

For more info: coach@skatecentennial.com



StarSkate Schedule

2011 / 2012

- All StarSkaters can purchase extra ice. Yearly, monthly, or by the hour. The ice shared with Fliteway, can also be purchased separately
- We will be offering dance, jump/conditioning and possibly yoga classes in October.

INTERMEDIATE / SENIOR

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:45			Stroking			11:45 Stroking
4:00	Warm-up	Free Skate	Dance/Skills	Free Skate	Dance/ Skills	12:00
4:15	Free Skate		Free Skate			Stroking
4:30		End		Group	Break	
4:45	Stroking		End			Group
5:00		Break		Group	Free Skate	
5:15	Spins & Turns		Group			Group
5:30		End		End	End	
5:45						
6:00						
6:15					End	

Note: Thursday and Saturday are also Jr. Sessions.

JUNIOR + 1 Hour

	Thursday	Saturday
3:45		11:45 Stroking
4:00		12:00
4:15		12:15
4:30	Stroking	12:30
4:45	Dance	12:45
5:00	Free Skate	1:00
5:15		1:15
5:30		
5:45	Group	
6:00	End	

Day Ice Share Ice

	Thursday	Saturday
2:00	Clareview	2:30 Castledowns
2:15	Arena	2:45 Arena
2:30	Open	3:00 Fliteway SC
2:45	(Free, Dance or	3:15 Open
3:00	Skills)	3:30 To
3:15		3:45 Full-Time
3:30		4:00 Skaters

Junior skaters will choose an hour from the Intermediate/Senior schedule.

Program Prices	Hours	Membership	Fundraising	Fees
Junior (Thursday and Saturday +1 hour)	4	\$50.00	\$200.00	\$700.00
Intermediate/Senior (Part-time)	6	\$50.00	\$250.00	\$1,000.00
Intermediate/Senior (Full time)	8+	\$50.00	\$250.00	\$1,200.00



CENTENNIAL FIGURE SKATING CLUB

StarSkate Registration

Skater's Information

Skaters Name:	
Birth Date (m/d/y):	Age:
SkateCanada #:	
Medical Issues (if any):	

Parent/Guardian Information

Parent /Guardian:		
Phone:	Cell/Emer.(780)	Home(780)
Address:		
City:	Prov.	Postal Code
Email:		

Program	# of Hours	Membership	Fundraising	Program Fees
<input type="checkbox"/> Junior (Thursday and Saturday +1 hour)	4	\$50.00	\$200.00	\$700.00
<input type="checkbox"/> Intermediate/Senior (Part-time)	6	\$50.00	\$250.00	\$1,000.00
<input type="checkbox"/> Intermediate/Senior (Full time)	8+	\$50.00	\$250.00	\$1,200.00

StarSkate	Membership Fees	\$50.00
	Program	
	Fundraising Requirement	
	Sub Total	\$
	Deposit	
	Total	\$